







Thank you to all who created with nature and contributed to this beautiful
Inside OUT Conference 2022 Nature Quilt.

Below you'll find the descriptions of the individual pieces and what they mean to each of the people who contributed them.

This is a wonderful nature and human connection activity to do with your family, students, friends and colleagues. We encourage you to give it a go in your community too!

Quilt Piece	Name	First Nations Custodians of the land where the nature quilt piece was created	Does the Nature Quilt piece you created have a particular meaning?	Natural elements used in making your quilt piece.
1	Susanne	Traditional territories of the Blackfoot Confederacy (Siksika, Kainai, Piikani), the Tsuut'ina, the Îyâxe Nakoda Nations, the Métis Nation (Region 3), and all people who make their homes in the Treaty 7 region of Southern Alberta.	I love the power of star shaped Mandalas. A reminder for each of use to shine our own unique light.	I used Spruce cones and loved smelling the medicinal gum residue left on my hands after creating the mandala. I used a stone to create the center of it.
2	Coach A	Chocotaw, Cherokee, Osage, and Caddo	Green Schoolyard surrounded by "little rocks" plus vegetation indicative of some native plants some house plants and vegetables squash and onions.	Squash, Onions, Begonias, Wandering Jew, Pansies, Petunias, Granite Stones from the Granite Mountain Quarries
3 & 15	Jamie	Unceded Dakota Land	My kids (Ryan and Norah) have a "treasure chest" full of things they've picked up on our many outdoor adventures. They chose some of their favorites to create these quilt pieces!	They are a mix of shells, rocks, pinecones, seeds and other organic "odds and ends" the kids have picked up along the way!
4 & 21	Johnny	Lenape	Handmade Paper and Tumbled Broken Glass sourced from a vacant lot in Hawthorne, Philadelphia, in an auspicious effort to heal, preserve and cultivate a corner forest. The parts of this playful quilt were made by 1-2 year old stewards. Turtlebug.org	The glass was sourced from the soil. The paper from the leaves of; foxglove empress, black locust, and Maple. Help Preserve this Land, change.org/fortheLoveofTurtlebug
5, 7, 9, 12, 13, 20, 22, 32	Cyndera	Ohlone	Inspired by the Children and Nature Conference I took this Nature Quilt idea back to the kids in my program. We went for a nature walk and the kids love creating their quilts! It also lead naturally to some nature play (jumping on logs, eating edible flowers, checking out the bees). I snuck mine in here too. We loved making faces!	The students were picking flowers from the school yard and then we also collected native and non-native plants on the trail outside of the school.



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6, 14 & 25	Avery	Ohlone and Meewuk	My two granddaughters love to create with nature. They collect nature friends, make art and sometimes tell stories about their creations.	These were created in our home gardens with special attention to asking the plants and flowers if they would like to 'play'.
8	Anne	Wabanaki, "People of the Dawnland" (Penobscot, Passamaquoddy, Maliseet, Mi'kmaq)	Juniper Hill School was my heart in the world and became part of many others'. The picture represents a life cycle of the heart--a spreading of connection, community, and ideas--grounded in place and care for all beings.	Juniper is the school I helped to come into the world. Rock is the Maine coast--my home place. The stump that the juniper and heart rock are on is that of Grandmother Oak, planted by my grandmother. Together, they are the knowing of the work that must be done to make this world a better place.
10	Kristy	Munsee Lenape	My daughter and I created it together. We discovered an inch worm and grasshopper which was fun. The process was just as amazing as the end result. And thinking about people all over the world doing that and contributing to one finished piece is awesome too.	These dandelions, sticks, stones, and helicopters are all over our yard.
11	Ann	Piscataway, Susquehannock	This was made by my students and represents a mosaic. They learned about ancient art in Islam areas of the world and during Outdoor Education they created natural mosaics using materials they found.	All materials used were found near the area where the design was created. They include ferns, fungus, sticks, beech tree leaves and wisteria flowers.
16	Ann	Piscataway, Susquehannock	This was created by 3rd grade students when given an assignment to create a nature pizza.	Materials are all found in/near the woods on our school property - ferns, tulip tree flowers, rose petals, beach leaves, pine cones, sand and mud from the creek.
17 (Nature Quilt Centre Piece)	Tania	Keerray Woorroong	Wherever we are in this world – whether our surrounds be rocky country, grasslands, beaches, deserts, cityscapes, wide open plains, dense forests, snow covered lands and everything in between – nature nurtures us and connects us with others who also have the flame of connecting children and nature in their hearts. In coming together to share stories, methodologies, challenges and inspiration, those flames rise higher and reach further towards a world where all children can have the opportunity to grow with nature in their lives and in their hearts too. We acknowledge we live, play and explore on First Nations Lands, and pay our respects to Elders, past, present and emerging.	I gratefully gathered a variety of natural elements from my backyard including eaves, grass, soil, flower petals, ice, stones, sand and seed pods to help represent varying landscapes. The red flower in the centre is the flame.

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18	Angela	Osage	The leaves pictured are from a Sweet Gum tree. The trees get a bad rap because of their spiky fruit balls that fall by the buckets underneath them that people trip on or begrudgingly rake up. Yet, in fall, the leaves are beautiful and amazingly varied in color and shape. The Sweet Gum tree reminds us that while there may be parts of nature we don't like, on closer inspection there is always something beautiful and wonderful about it too.	Sweet Gum trees are a very common native tree in suburban and urban areas around the Midwest and much of North America. Children and teachers examined and collected these leaves at the park during a class of Wilderkids Urban Forest School in fall 2021.
19	Tommy	Peek Whuurrong	It's a Circle of Nature	Nature
23	Summer	Duwamish and Coast Salish nations	It rains here a lot, and The Nature School children and I embrace all that the rain offers. One of our favorite activities is making mud prints. It represents the joy of childhood in nature, and our intimate somatic connection with nature.	Mud from right here by the Salish Sea (so called Puget Sound)!
24	Kyra	Haudenosaunee	This is a Kutsura Tree planted in Highland Park, Rochester, NY. This is my favorite tree. I have gone to it several times in my life all for a variety of reasons. This past year I would visit it often as I was reviving from Long-COVID.	Katsura Tree in spring - taken last weekend.
26	Zach	Muwekma Ohlone	From many, one.	These are the leaves of the Phormium plant, not native to our area, but thriving here nevertheless.
27	Daisy	Peek Whuurrong	This is a river and the flowers are fairy houses.	Flowers and pretty shell.
28	Susan	Quinnipiac	Fairy house made by my daughter	Found forest items.
29	Taylor	Keerray Woorroong	I love flowers and it's winter here so I made this pretty Icy Suncatcher.	Flowers from our neighbourhood and water.
30	Nash	Keerray Woorroong	I made a Sand Globe. Mum's friend Zach makes them and she showed me how. We make them every time we go to the beach.	Sand from our favourite beach, Worm Bay.
31	Kimberley	Susquehannock	Joy and simplicity in nature	I used parts of plants native to my area that were located in my own backyard including Magnolia leaves, wine berries and wood sorrel.