



Resources shared during Children & Nature Network's Back to School with Nature: Supporting Social Emotional Learning and Academic Outcomes event, September 7, 2023

Children & Nature Network's resources

- Resources and inspiration for families: <https://www.childrenandnature.org/families/>
- Resource Hub resources on Nature-Based Learning: https://www.childrenandnature.org/resource-hub/resources?fwp_fwp_resources_search=Nature%20Based%20learning
- Indoor expeditions: For when you really can't go outside by Richard Louv: <https://www.childrenandnature.org/resources/indoor-expeditions-for-when-you-really-cant-go-outside/>

Additional resources shared by Children & Nature Network & attendees

- Find your native land: <https://native-land.ca>
- How to support Indigenous Peoples Everyday: Amplifier Art- <https://amplifier.org/campaigns/well-being/> and 'Āina Momona-<https://www.kaainamomona.org/>
- Attention Restoration Theory: <https://www.ecehh.org/research/attention-restoration-theory-a-systematic-review>
- Stress Reduction Theory: <https://www.sageglass.com/industry-insights/stress-reduction-theory-why-looking-nature-beneficial-our-mental-and-physical>
- José González - How to Do Science Outdoors with Your Kids | PLUM LANDING on PBS KIDS: <https://www.youtube.com/watch?v=hGTfG4Z4i2Y>
- The Environmental Kinship Guide: <https://environmentalkinship.org/>
- Sheila Williams Ridge's book, "Nature-Based Learning for Young Children: Anytime, Anywhere, on Any Budget": <https://www.redleafpress.org/Nature-Based-Learning-for-Young-Children-Anytime-Anywhere-on-Any-Budget-P1988.aspx>
- Natural Start Alliance - a community of organizations and individuals dedicated to helping young children experience and care for the natural world. Free to join: <https://naturalstart.org/>
- Beetles Project - Resources for Outdoor Science Programs: <http://beetlesproject.org/>

- The Americas Latino Eco Festival: <https://www.americaslatinoecofestival.org/>; Invitation for proposals: <https://forms.gle/XBaKMtnazjT3Avj7A>
- Design with Nature, Ian McHarg: <https://mcharg.upenn.edu/ian-l-mcharg>
- Rachel and Stephen Kaplan authors
- Kinderforest: Every other Friday, public school kindergarten classes spend at least 2 hours every other Friday in play outdoors in a nearby forest.
- <https://www.goshen.edu/merrylea/nature-based-early-childhood-education/resources-and-research/>
- Winter fun for kids: <https://lessonsingrass.com/lessons/winter-activities/>
- Webinars around getting outside with tweens/teens with Indiana Children and Nature Network: <https://www.indianachildrenandnature.org/getting-outside-with-tweens-and-teens.html>
- Incorporate local, safe, fair, justice food systems and peers favorite ancestors recipes, using Kimchi Korean and Pikliz youtubes
- Nature Learning Apps: Seek by iNaturalist - https://www.inaturalist.org/pages/seek_app & Merlin Bird ID - <https://merlin.allaboutbirds.org/>
- Roots & Shoots: <https://rootsandshoots.org/>
- Wild Wonder Nature Journaling Conference: <https://www.wildwonder.org/>
- Outdoor Lesson Plans: www.lessonsingrass.com
- National Outdoor Learning Alliance: <https://nationaloutdoorlearningalliance.org/> partners with programs and administrators in both traditional and nontraditional education settings to develop and grow outdoor learning opportunities for kids across the country.