

**Nature Connection:** Research shows that spending regular time in nature makes children healthier, happier and smarter.



**Tell us** about your experiences in nature!

*Use sticky notes, dots and markers to share your responses.*

## NATURE IS...

## I WOULD SPEND MORE TIME IN NATURE IF...

## I SPEND TIME IN NATURE...

DAILY	WEEKLY	MONTHLY	YEARLY (or less)

## I SPEND TIME IN NATURE WITH...

MYSELF	FRIENDS	FAMILY	FRIENDS & FAMILY

## I SPEND TIME IN NATURE IN...

MY YARD, AT HOME	MY NEIGHBORHOOD: Places I can walk or bike to	MY CITY/REGION: Places I drive or take transit to	DESTINATIONS: Places requiring further travel