

# NATURE ADVENTURE

ACTIVITY CARDS

AGES 7-11

Children  
& Nature  
Network

*Use these cards as inspiration to get out into nature and have some fun with family and friends!*

*You will find four cards, each with different activity suggestions relating to clouds and weather!*

## 1 LEAP IN!

*A simple adventure you can go on in almost any outdoor location – from the park, to your own yard or balcony.*

## 2 PLAY ON!

*Bring out the creative side in you!*

## 3 SPEAK UP!

*You and your family (and friends!) can play with words, tell about adventures, or even make up a song!*

## 4 GREEN UP!

*Stewardship is the theme here, and in this activity, you will help animals or local areas thrive because of what you do!*

HAVE FUN!



## CLOUDS & WEATHER

1

LEAP IN!  
AGES 7-11

# PARADE ON THE RAIN

*Many people think a little rain means you can't play outside. But with the right preparations (and attitude!) you can find all sorts of exhilarating ways to explore the outdoors even under the soggiest conditions. Just be sure to avoid thunderstorms where lightning or hail might become a safety hazard.*

1

**Wear reliable outdoor gear:** a waterproof coat, rain pants, and boots that don't leak. Avoid wearing cotton fabrics—once wet, you will feel cold—even in summer. Now head out onto some trails. What new things do you see and hear on a rainy day?

2

**Go out with a plan to get wet!** Wear clothes and shoes you don't mind soaking. Run on the sidewalk. Jump in puddles. Swing and slide at the playground. When you get home, change into dry clothes. Even if you stay inside the rest of the day, you'll feel much better for having been one with the elements!

3

**Try acting like an animal. . . really!** Did you know that foxes and wolves wait out storms under shrubs or rocky ledges? Or that orangutans make "hats" out of large leaves? And squirrels wrap their tails up over their bodies and their heads—can you do that?!

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2

PLAY ON!  
AGES 7-11



CLOUDS &  
WEATHER

# THE CLOUD GUESSING GAME

*Are there clouds in the sky where you are now?  
Then you can play this fun cloud guessing game!*

*step* 1

Find a great cloud-watching spot with friends or family. Spread out a blanket or just lie down on the grass. Look up at the sky.

*step* 2

Take turns, one at a time, picking out shapes in the clouds. It's almost like "I Spy" for clouds. You say, "I see a dinosaur in the clouds" and then others try to find it.

*step* 3

Once someone finds your shape in the cloud, it's their turn to find a shape and challenge others.



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## CLOUDS & WEATHER

3

SPEAK UP!  
AGES 7-11

# SINGING FOR THE RAIN

*You've probably heard this common rain chant:*

***Rain, rain, go away  
Come again another day!***

*But do you really want the rain to go away? As you know, rain is vitally important for plants, people, and other living things. Maybe it's time to make up some pro-rain chants and teach them to a younger crowd! Start with this simple beginning:*

***Rain, rain, come today . . .***

*And then add a rhyming line to follow. Or better yet, make up the entire chant all by yourself! Now, teach it to your younger brother or sister, cousins, friends, or anyone else you'd like. Let it rain! Now go play!*

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## CLOUDS & WEATHER

4

GREEN UP!  
AGES 7-11

# RECYCLE A SWEATER

*Recycling isn't only for bottles and cans! Did you know that by reducing consumption of products, you are helping the environment? Besides helping the environment, you can help other people too!*

*Going outside is fun in any kind of weather if you have the right gear. Thrift stores are a great place to find things like boots, mittens, and raincoats without spending a lot of money. You can help keep thrift stores going by passing along any all-weather gear you no longer need. When you grow out of your hats, mittens, coats, boots, and even warm socks (as long as they aren't holey!), take them to a nearby thrift store. Or donate them to a school, church, or community organization. It will feel great knowing that you're helping other people stay warm and dry. And it's going to feel great to them, too!*



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